

PE Curriculum Map (2024-2025)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Body Awareness (washing hands, self-care)	Moving (stopping, starting, listening skills)	Moving in Different Ways (dance, body movements)	Moving in different ways (equipments, mats, use of resources)	Catching (rolling, knee bounce, standing catches, targets)	Sports Day Preparation
Reception	NUFC Football (Ball Skills Feet 1)	NUFC Fundamental Movements (Jumping / Running 1)	NUFC Attacking and Defending (Games for Understanding)	NUFC Athletics (No Complete PE Specific Plan)	Swimming SwimNE	Swimming SwimNE
	TEACHER Gymnastics (Moving)	TEACHER Dance (Nursery Rhymes)	TEACHER Gymnastics (High, Low, Over, Under)	TEACHER Ball Skills (Hands 1)	TEACHER Dance (Ourselves)	TEACHER Ball Skills (Hands 2)
Year 1	NUFC Football (Ball Skills Feet 1)	NUFC Fundamental Skills (Jumping / Running 1)	NUFC Attack and Defend (Games for Understanding)	Swimming SwimNE	Swimming SwimNE	NUFC Athletics (No Complete PE Specific Plan)
	TEACHER Gymnastics (Body Parts)	TEACHER Dance (The Zoo)	TEACHER Gymnastics (Wide, Narrow, Curled)	TEACHER Ball Skills (Hands 1)	TEACHER Ball Skills (Hands 2)	TEACHER OAA (Team Building)

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Year 2	NUFC Football (Ball Skills Feet 1)	NUFC Fundamental Skills (Jumping / Dodging 1)	Swimming SwimNE	NUFC Attack and Defend (Games for Understanding)	NUFC Athletics (No Complete PE Specific Plan)	Swimming SwimNE
	TEACHER Gymnastics (Pathways)	TEACHER Dance (Explorers)	TEACHER Gymnastics (Linking)	TEACHER Ball Skills (Hands 1)	TEACHER Ball Skills (Hands 2)	TEACHER OAA (Team Building)
Year 3	NUFC Football	NUFC Attack and Defend	Swimming SwimNE	Swimming SwimNE	NUFC Net and Wall Games	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Symmetry and Asymmetry)	TEACHER Cricket	TEACHER Dance (Weather)	TEACHER Handball	TEACHER OAA (Communication and Tactics)
Year 4	Swimming SwimNE	Swimming SwimNE	NUFC Football	Swimming SwimNE	NUFC Net and Wall Games	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Bridges)	TEACHER Cricket	TEACHER Dance (Space)	TEACHER Handball	TEACHER OAA (Problem Solving)

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Year 5	Swimming SwimNE	Swimming SwimNE	Swimming SwimNE	NUFC Net and Wall Games	Swimming SwimNE	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Counter Balance and Counter Tension)	TEACHER Cricket	TEACHER Dance (The Circus)	TEACHER Handball	TEACHER OAA (Orienteering)
Year 6	Swimming SwimNE	Swimming SwimNE	NUFC Football	NUFC Net and Wall Games	NUFC Athletics	Swimming SwimNE
	TEACHER Basketball	TEACHER Gymnastics (Matching and Mirroring)	TEACHER Dance (Titanic)	TEACHER Cricket	TEACHER Handball	TEACHER OAA (Leadership)