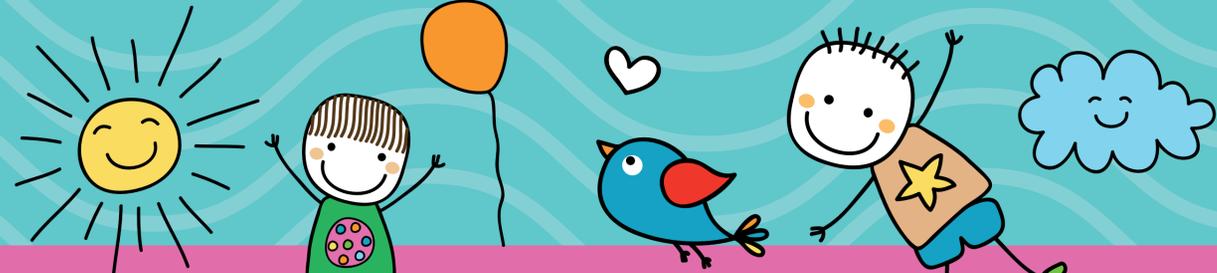


Our Lady & St Anne's Primary Lunch Menu



week one

3 September 18 • 24 September
 15 October 18 • 12 November 18
 3 December 18 • 7 January 19
 28 January 19 • 25 February 19
 18 March 19 • 22 April 19
 13 May 19 • 10 June 19
 1 July 19

Monday

Quorn Cottage Pie (v)
 Peas and Sweetcorn
 Baked Beans
 Parmentier Potatoes
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Angel Delight (v)

Tuesday

Chicken Fillet or Quorn Fillet (v)
 with Katsu Curry Sauce
 Steamed Rice • Sweetcorn
 Country Diced Potatoes
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fruity Flapjack • Custard

Wednesday

Beef Burger or Quorn Burger(V)
 in Bun
 Seasoned Wedges
 Baby Corn
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fresh Fruit Salad or Chilled Yoghurt

Thursday

Roast Turkey or Quorn Fillet (v)
 with Sage and Onion Stuffing
 Oven Roast Potatoes
 Turnip
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Chocolate Brownie
 Chocolate Sauce

Friday

Crispy Coated Fish
 Chips • Mushy Peas
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fresh Fruit or
 Frozen Yoghurt

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, yoghurt and cheese and biscuits. (v) Suitable for Vegetarians. Choice of Drinks: Fruit juice drink, reduced fat milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week two

10 September 18 • 1 October 18
 22 October 18 • 19 November 18
 10 December 18 • 14 January 19
 4 February 19 • 4 March 19
 25 March 19 • 29 April 19
 20 May 19 • 17 June 19
 8 July 19

Monday

Quorn Spaghetti Bolognese (v)
 Herb Bread
 Broccoli
 Country Diced Potatoes
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Carrot Cake • Chilled Drink

Tuesday

Chicken Jalfrezi
 Bombay Potatoes
 Sliced Green Beans
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fresh Fruit Selection
 or Yoghurt Pot

Wednesday

Thin & Crispy Pizza Margherita (v)
 Seasoned Potato Wedges
 Coleslaw
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Sticky Date Pudding
 Custard

Thursday

Baked Pork Sausage
 or Quorn Sausage (v)
 with Yorkshire Pudding
 Oven Roast Potatoes
 Peas & Sweetcorn
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Shortbread • Custard

Friday

Salmon or Cod Fish Fingers
 Chips • Garden Peas
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fruit Salad
 or Chilled Yoghurt

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, yoghurt and cheese and biscuits. (v) Suitable for Vegetarians. Choice of Drinks: Fruit juice drink, reduced fat milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week three

17 September 18 • 8 October 18
 5 November 18 • 26 November 18
 17 December 18 • 21 January 19
 11 February 19 • 11 March 19
 1 April 19 • 6 May 19
 3 June 18 • 24 June 19
 15 July 19

Monday

Thin & Crispy Cheese
 and Tomato Pizza (v)
 Country Diced Potatoes • Peas
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Raspberry Ripple or Strawberry
 Frozen Mousse (v)

Tuesday

Lasagne or Quorn Lasagne (v)
 Herb Bread
 Broccoli
 Baby Roast Potatoes
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Lemon Drizzle Cake
 Custard

Wednesday

Chicken Korma
 Boiled Rice or Naan Bread
 Garden Peas
 Oven Roast Potatoes
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Fresh Fruit Selection
 or Yoghurt Pot

Thursday

Vegetable Nuggets (v)
 or Chicken Nuggets
 Seasoned Wedges • Beetroot
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Banana Muffin • Chilled Drink

Friday

Cod Fishcake
 Chips • Baked Beans
 Selection of Sandwiches
 Selection of Filled Jacket Potatoes
 Chocolate Coconut Slice
 Custard

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, yoghurt and cheese and biscuits. (v) Suitable for Vegetarians. Choice of Drinks: Fruit juice drink, reduced fat milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.



September 2018 - July 2019

