



**Sports**  
During this term we will concentrate a lot of our time looking at different sports ranging from **tennis, football, badminton, netball, dodgeball and basketball**. We will also have opportunities to work on our teamwork skills - by building trust with each other and playing some sports which are a little different.



**Healthy Eating**  
We will also spend some time looking at different snacks and investigating different food groups. We will spend time making smoothies and healthy versions of our snacks at snack time.



**Summer term -  
The Fit Factor**

**The Fit Factor**  
We will be spending lots of time learning about different sports - this coincides with Wimbledon in Summer 2 when Tennis will be a major focus of our play and activities. We will also use different forms of exercises, different sports and try lots of new and exciting sporting opportunities. We will use the facilities available to us at school as well as a possible visit to some local sporting facilities for a wider range of activities.

Reading, writing and maths activities are encouraged **all year round** in addition to creative, cooking and outdoor activities. There will also be opportunities throughout the week for children to enhance their technology skills.



**Motivational sports people**  
We will spend time this half term also investigating important sports people throughout the years - from footballers to athletes.

