

### PE Curriculum Map (2023-2024)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Body Awareness (washing hands, self-care)	Moving (stopping, starting, listening skills)	Moving in Different Ways (dance, body movements)	Moving in different ways (equipments, mats, use of resources)	Catching (rolling, knee bounce, standing catches, targets)	Sports Day Preparation
<b>Reception</b>	NUFC  Football  (Ball Skills Feet 1)	NUFC  Fundamental Movements  (Jumping / Running 1)	NUFC  Attacking and Defending  (Games for Understanding)	NUFC  Athletics  (No Complete PE Specific Plan)	Swimming  SwimNE	Swimming  SwimNE
	TEACHER  Gymnastics  (Moving)	TEACHER  Dance  (Nursery Rhymes)	TEACHER  Gymnastics  (High, Low, Over, Under)	TEACHER  Ball Skills  (Hands 1)	TEACHER  Dance  (Ourselves)	TEACHER  Ball Skills  (Hands 2)
<b>Year 1</b>	NUFC  Football  (Ball Skills Feet 1)	NUFC  Fundamental Skills  (Jumping / Running 1)	NUFC  Attack and Defend  (Games for Understanding)	Swimming  SwimNE	Swimming  SwimNE	NUFC  Athletics  (No Complete PE Specific Plan)
	TEACHER  Gymnastics  (Body Parts)	TEACHER  Dance  (The Zoo)	TEACHER  Gymnastics  (Wide, Narrow, Curled)	TEACHER  Ball Skills  (Hands 1)	TEACHER  Ball Skills  (Hands 2)	TEACHER  OAA  (Team Building)

## PE Curriculum Map (2023-2024)

<b>Year 2</b>	NUFC Football (Ball Skills Feet 1)	NUFC Fundamental Skills (Jumping / Dodging 1)	Swimming SwimNE	NUFC Attack and Defend (Games for Understanding)	NUFC Athletics (No Complete PE Specific Plan)	Swimming SwimNE
	TEACHER Gymnastics (Pathways)	TEACHER Dance (Explorers)	TEACHER Gymnastics (Linking)	TEACHER Ball Skills (Hands 1)	TEACHER Ball Skills (Hands 2)	TEACHER OAA (Team Building)
<b>Year 3</b>	NUFC Football	NUFC Attack and Defend	Swimming SwimNE	Swimming SwimNE	NUFC Net and Wall Games	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Symmetry and Asymmetry)	TEACHER Cricket	TEACHER Dance (Weather)	TEACHER Handball	TEACHER OAA (Communication and Tactics)
<b>Year 4</b>	Swimming SwimNE	Swimming SwimNE	NUFC Football	Swimming SwimNE	NUFC Net and Wall Games	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Bridges)	TEACHER Cricket	TEACHER Dance (Space)	TEACHER Handball	TEACHER OAA (Problem Solving)

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<b>Year 5</b>	Swimming SwimNE	Swimming SwimNE	Swimming SwimNE	NUFC Net and Wall Games	Swimming SwimNE	NUFC Athletics
	TEACHER Basketball	TEACHER Gymnastics (Counter Balance and Counter Tension)	TEACHER Cricket	TEACHER Dance (The Circus)	TEACHER Handball	TEACHER OAA (Orienteering)
<b>Year 6</b>	Swimming SwimNE	Swimming SwimNE	NUFC Football	NUFC Net and Wall Games	NUFC Athletics	Swimming SwimNE
	TEACHER Basketball	TEACHER Gymnastics (Matching and Mirroring)	TEACHER Dance (Titanic)	TEACHER Cricket	TEACHER Handball	TEACHER OAA (Leadership)